

Annex A: Summary of work undertaken in relation to the Age Friendly York project

Since October 2020 Age Friendly York has:

- Oct 20 - Re-established an Age Friendly York Citizen Group (AFYCG), which has met monthly via Zoom since October 2020.
- Oct 20 – introduced progress on a page to provide a clear You Said / We Did approach and improve accountability.
- Oct 20 – piloted a chatty bench initiative in partnership with My Sight, Healthwatch York, Local Area Co-ordinators and Health Champions.
- Jan 21 – supported work in partnership to contact all community activity organisers in the city to ensure there was support in addressing any barriers in re-opening once government guidance permitted it. Ensured there was a continued drive to recognise the need to co-ordinate community transport and volunteer drivers.
- Jan 21 – worked with Goodgym York to run every street of York to plot park benches, identifying if they are age friendly and if there was need of repairs. Created an Age Friendly and requested key on the council mapping system.
- Jan 21 – provided a supporting letter to the iTravel team to apply for a grant to enhance e-bicycle opportunities in York
- Feb 21 - Provided an AFYCG [blog](#) for the United Nations International Decade of Healthy Ageing. This represented the first Centre for Ageing Better national citizen group blog.
- Feb 21 – Created a joint Accessible Green Spaces survey to enable the potential to raise requests for improvements through the Parks and Leisure Team. This was done as an all age initiative by joining up with Children’s Services and York Disability Rights Forum
- Mar 21 – created a joint bus stop improvement survey with the citizen groups York Bus Forum and York Desirability Rights Forum in response to citizens’ requests for improvements.
- Mar 21 – created a direct link with an AFYCG member joining the new York Walk citizen group to ensure there was an Age Friendly voice.
- Mar 21 – created a draft Your (Leisure) Time Baseline Assessment
- Mar 21 – raised publicity to groups and individuals to [encourage reporting pavement repairs to reduce trip hazards](#).

- Mar 21 – raised the awareness of scams by requesting publicity through Public Health that went to every household through Your City newsletter and an AF citizen sharing their [personal story](#).
- Completed 4 action points that were approved by the AFYCG and signed off by the Ageing Well Partnership. Submitted 5 further progress reports with a defined way forward while progressing a further additional 14 action points.

Age Friendly York

Evolving Action Plan

Updated 4th April 2021 (by Carl Wain)

Content

1. Getting out and about
2. Your time
3. Your information
4. Your Home
5. Your Service
6. Cross-cutting

Key

Signed off	Age Friendly Citizen Group and Ageing Well Partnership have agreed no current outstanding Age Friendly York action
In progress	Progress report submitted but further action required by Age Friendly York
Progressing	Action is progressing but no progress report submitted
Pending	Action not yet started

Domain 1: Getting out and about		
	Action	Status
1	Improved access to bus information	Signed off
2	Find methods to reduce trips and falls in the exterior environment due to quality of pavements	In progress
3	Find methods to increase options for people to get to community activities and other locations where public transport does not suffice	Progressing

4	Audio visual information on buses	Signed off
5	Additional media to improve people's confidence and experience of getting out and about	Progressing
6	Respond to feedback on electronic timetables at bus stops	Pending
7	Create an Age Friendly approach for provision of benches	In progress
8	Shared spaces and being considerate of different needs	In progress
9	Bus stop improvements	In progress
10	Support improved reliability of buses through reduction of general traffic into the city centre	Pending
11	Support reduced congestion and pollution through reduction of general traffic into the city centre, including supporting increased awareness of alternative environmental transport like e-bicycles	In progress
12	Explore where proposed improved bus routes can be supported	Pending
13	Increase awareness of functionality of puffin crossings	Pending
14	Pass on feedback regarding requests for a central bus station	Signed off
15	Age friendly considerations of CIVIC Trust transport survey	Signed off
16	Improved access to seating and toilets in the city centre	Progressing
17	Ensure that there is a citizen voice to improvement in access to green spaces	In progress
18	For Age Friendly Citizen Group to continue to contribute to improving city centre footstreet area ensuring there is an Age Friendly voice	Progressing

Domain 2: Your Time		
	Action	Status
1	Creating deliberate talking points	Progressing
2	Ensure all adults outdoor sports equipment is mapped	Progressing
3	There are cultural opportunities for older people that find it difficult to assess what is available in York	Progressing
4	Increase in volunteer offers identified	Progressing
5	Place based approaches to Your Time in the Northern Quarter to align with regeneration of the Groves	Pending
6	Explore the possibility of an inclusive kite mark for community activities on Live Well York	Pending
7	Increase positive social solutions for people that are particularly sighted by increasing the quantity of large print and/or braille menus available at cafes and restaurants	Pending
8	Good quality information on planning for retirement	Pending
9	Ensure there is a pro-active approach to addressing challenges with increased social isolation as a result of the impacts of COVID-19	Progressing

Domain 3: Your Information		
	Action	Status
1	Increase awareness of community activities	Progressing
2	Explore potential for digital noticeboards in community venues	Pending
3	Find approaches to change the message to: Frailty is not inevitable, frailty is reversible	Pending

4	Ensure there is good quality information about green spaces that has age friendly considerations	Progressing
5	Raise awareness of scams	Progressing

Domain 4: Your Home		
	Action	Status
1	Explore where the Age Friendly agenda can increase telecare provision and options	Pending
2	Look at where the Age Friendly agenda can enhance monitoring devices	Pending
3	Look at intergenerational options being incorporated into the Ordinance Lane development	Progressing

Domain 5: Your Services		
	Action	Status
No actions set		

Domain 6: Cross cutting		
	Action	Status
1	Ensure there is a positive profile of older people	Pending

Age Friendly York Summary of Project Plan

Updated 8th April 2021

Getting Out and About

[Approved 16 Dec 19](#)

Your Time

COVID ready community activity questionnaire (completed) Feb/Mar 21

Age Friendly York Citizen Group

You're Time (leisure) Baseline Assessment 21 (completed) 6 April

You're Time (leisure) Action Plan 6 April 21
(completed)

Ageing Well Partnership

You're Time (leisure) Baseline Assessment 10 June 21

You're Time (leisure) Action Plan 10 June 21

Age Friendly York Citizen Group

You're Time (employment) Baseline Assessment 1 July 21

You're Time (employment) Action Plan 1 July 21

Ageing Well Partnership

You're Time (employment) Baseline Assessment 12 Aug 21

You're Time (employment) Action Plan 12 Aug 21

Domain 3: Sep 21 Dec 21

Domain 4: Jan 22-Apr 22

Domain 5: May 22 – Aug 22

Sep 22: Combined 5 Domain Action Plan consultation with progress and cross cutting themes

Oct 22: Final Cross Domain Action Plan approval

Nov 22: H&W presentation with proposal to request WHO status

Dec 22: If appropriate and agreed apply for WHO status.